

CPD QUESTIONNAIRE

Earn 3 CPD points after you have read the journal by completing the following questionnaire online on the ALLSA website at www.allergysa.org/cpd or follow the links from the home page. To earn points, you will need to register and fill in personal details (make sure you have your HPCSA number handy and decide on a password beforehand). Once you have registered, you can answer the questionnaire. If you have registered for a previous questionnaire, you'll need your HPCSA number and password to logon. Please note that there is only one correct answer per question, and you will have only one opportunity to submit the questionnaire, so please check answers carefully. You will be able to change answers if you click the wrong one by mistake, but once you click 'Submit Answers' the test will be submitted and marked.

The closing date for submission of this questionnaire is 31 July 2010.

LATEX ALLERGY REVISITED

- True or false:** Latex allergy is most common in health care workers.
 - True
 - False
- True or false:** Latex allergy prevalence is rising all over the world.
 - True
 - False
- True or false:** Latex allergy is common in condom users.
 - True
 - False
- Choose ONE correct answer:** With regard to latex allergy prevention:
 - Latex allergic individuals should declare themselves by wearing medic alert tags.
 - Latex allergic individuals may be operated on in a conventional theatre provided the surgeon does not wear latex gloves.
 - Latex allergy is seldom fatal so concern for the well-being of staff in a hospital is not a priority.
 - Latex allergic individuals who have had an anaphylactic event may tolerate contact with household latex products.
 - Latex allergy is not compensatable in terms of the COIDA occupational health dispensation.

BARRIERS TO OPTIMAL CONTROL OF ASTHMA AND ALLERGIC RHINITIS IN SOUTH AFRICA

- True or false:** The prevalence of asthma in South African children may be reliably estimated at 10%.
 - True
 - False
- True or false:** An important barrier to optimal care for children with allergic rhinitis is that this condition is perceived to be trivial by health authorities
 - True
 - False
- True or false:** It is possible that asthma in some children in South Africa may be driven by immunological mechanisms other than atopy.
 - True
 - False
- Choose THE MOST correct answer:** With regard to control of asthma:
 - Patient non-adherence to therapy is usually because patients can't afford therapy.
 - Patient non-adherence to therapy has a differential diagnosis to cause.
 - Most asthmatic patients display acceptable inhaler technique.
 - Patients recognise asthma symptoms and usually report acute exacerbations timeously.

- Poor asthma control is not a common problem in treated asthmatics.

THE PRESCHOOL ASTHMATIC

- True or false:** Early onset recurrent wheezing is most likely to be associated with atopy.
 - True
 - False
- True or false:** The virus most likely to produce exacerbations of asthma is the human rhinovirus.
 - True
 - False

RUNNY NOSE – NOT ALWAYS ALLERGY

- True or false:** Chronic rhinitis is usually due to allergy in most sufferers.
 - True
 - False
- True or false:** Primary ciliary dyskinesia frequently presents with a history of nasal symptoms on the first day of life.
 - True
 - False
- True or false:** Allergic rhinitis is generally easy to manage if the correct therapy is used and the patient is adherent.
 - True
 - False
- Choose THE MOST correct answer:** With regard to vasomotor rhinitis the most likely trigger factor is:
 - Grass pollen
 - House dust mite
 - Strong odours
 - Cockroach
 - Cat dander.

EOSINOPHILIC OESOPHAGITIS

- True or false:** Endoscopy showing macroscopically normal oesophageal mucosa excludes eosinophilic oesophagitis.
 - True
 - False
- True or false:** Best practice for oesophageal biopsies includes taking multiple biopsies from both normal and abnormal-looking sites while the patient is on therapeutic doses of proton pump inhibitors.
 - True
 - False
- True or false:** A cut-off of <15 eosinophils per high power field on oesophageal biopsy definitively excludes eosinophilic oesophagitis.
 - True
 - False
- True or false:** Food allergy can be ruled out as a trigger for eosinophilic oesophagitis by negative skin-prick tests and negative specific IgE.
 - True
 - False

ALLERGIES IN THE WORKPLACE

- True or false:** Only 30% of skin diseases noted in the work environment are work-related.
 - True
 - False
- True or false:** Genetic variation plays a role in influencing human susceptibility to pesticides.
 - True
 - False

Accredited by the Colleges of Medicine of South Africa