

Illustrative cases

IgE Mediated food allergy

Case History 1

- 7 year old boy
- Never eaten peanuts
- Skin test
 - 0 mm Not allergy
 - 5 mm Food challenge
 - 8 mm Allergy
- 2 What if he has a sister with food allergy ?
- 3 What if he has a sister with peanut allergy ?

Case History 4

- 12 year old boy
- Ate peanuts regularly
- Had vomiting and diarrhoea 12 hours after a restaurant meal. Mom blamed peanuts. Avoided nuts since but ate a handful of peanuts at a party and was fine
- Skin tests to peanut
 - 1mm Not allergy
 - 4 mm Not allergy
 - 10 mm Food challenge

Case History 5

- 5 year old girl
- Eczema as a infant. Drank cows milk in infancy, developed urticaria in minutes. Avoiding since age 3. Drinking soya milk.
- Skin tests to milk
 - 1 mm Food challenge
 - 4 mm Food challenge
 - 10 mm Allergy

Case History 6

- 12 year old girl
- Ate shrimp at age 4. Urticaria and wheezing within minutes. Avoided since but had 3 accidental exposures with mild urticaria. Last exposure 5 years ago.
- Specific IgE
 - <0.35 Food challenge
 - 3.5 Food challenge
 - 32 Allergy